



The Declutter Bug

Sunday Evening Check-List:

- Fill up the car(s) with gas.
- Fill out your weekly planner and review.
- Check-in with spouse/partner regarding mutual/kids' activities.
- Complete a meal plan for the week (or prepare freezer meals, if you have an extra-busy week approaching).
- Complete weekly grocery shopping.
- Kids (or you) select which days they're buying/making lunch for school.
- Prepare packed lunches for the next morning (or week, if you're ambitious).
- Select 5 outfits for the week for each family member and put them in an accessible place. (Don't forget to check the weather!)
- Pack work and/or school bags and place them with shoes by the door.
- Clear landing pad. Sort and file all mail and bills.